

Violence against women is a health-care issue.

Unexplained injuries and fearing for one's safety can be warning signs that domestic violence is occurring. Violence includes physical, sexual, emotional, psychological, and financial control or abuse.

Are you or your children being abused?

Talk to a health-care professional.

Ask for the Mount Sinai Hospital Safety Plan brochure, available in 13 languages from the Department of Social Work, 416-586-4800, ext. 5201. Languages available are: Arabic, Chinese, English, French, Italian, Hindi, Polish, Portuguese, Spanish, Tagalog, Punjabi, Urdu and Vietnamese.

Resources for Abused Women in Toronto

POLICE

Toronto Police

Emergency	911
Non Emergency	416-808-2222
Non Emergency TTY	416-467-0493
Domestic Violence Unit	416-808-7041
Sex Crimes Unit	416-808-7474

Peel Regional Police

Non Emergency	905-453-3311
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Sexual Assault & Domestic Violence Care Centres

Toronto	416-323-6040
Scarborough	416-495-2555
Mississauga	905-848-7689

24 HOUR CRISIS HELP LINES

Assaulted Women's Help Line

www.awhl.org

Toronto	416-863-0511
Toll-Free	1-866-863-0511
TTY	416-364-8762
TTY Toll-Free	1-866-863-7868
Text	#SAFE (#7233)

Children's Aid Society 416-924-4646

Catholic Children's Aid Society 416-395-1500

Interim Place North 905-676-8515

Interim Place South 905-403-0864

Jewish Family & Child Services 416-638-7800

The Redwood 416-533-8538

Seniors Safety Line 1-866-299-1011

Sexual Assault/Rape Crisis

Centre of Peel 1-888-810-0180

Street Help Line (Peel) 1-877-848-8481

Toronto Community Connection

Information, referral to community, social, health, government services

Ontario	211
TTY	1-888-340-1001

Toronto Rape Crisis Centre 416-597-8808

Victim Services

Toronto	416-808-7066
Peel	905-568-1068
York Region	905-953-5363

Women's Support Network 1-800-263-6734

MOUNT SINAI HOSPITAL

Main Line	416-586-4800
Department of Social Work	ext. 5201
Security	ext. 5056
Human Rights & Health Equity	ext. 7519

SHELTERS

Central Intake for Emergency Shelters:

Women, children, and families	416-397-5637
Single	416-338-4766

Disabled Women's Network

<http://dawnCanada.net>

Le Centre Victoria pour Femmes 705-670-2517

Pat's Place (for seniors) 416-595-9618

FINANCIAL ASSISTANCE

Toronto Housing

Connections	416-981-6111
Toronto Social Assistance Office	416-392-2600

Ministry of Ontario Info Line

Toronto	416-325-5666
Toll-Free	1-888-789-4199

Peel Region Social Services 905-793-9200

Peel Access to Housing 905-453-1300

FOOD BANKS

North York Harvest Food Bank 416-635-7771

Intersynagogue Kosher Food Bank

South location	416-738-6103
North location	416-226-0111

Daily Bread Food Bank 416-203-0050

Muslim Welfare Centre Halal Food Bank

Mississauga	905-281-9730
Scarborough	416-335-9994

LEGAL SERVICES

Ontario Women's Justice Network

www.owjn.org

India Rainbow Community Services of Peel

Legal Clinic	905-275-2369
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Legal Aid Ontario

Toronto	416-979-1446
Toll-Free	1-800-668-8258
TTY	416-598-8867
TTY Toll-Free	1-866-641-8867

VICTIM/ WITNESS ASSISTANCE PROGRAM

College Park Court 416-325-6117

Old City Hall 416-327-5959

311 Jarvis St. 416-212-1452

361 University Ave. 416-327-5946

Etobicoke 416-314-3944

North York 416-314-0009

Scarborough 416-325-0351

Talk to a health-care professional.

We can help.

51 per cent of all Canadian women have experienced at least one incident of sexual or physical violence.

Violence against women is a serious health risk to women — and their children.

A medical encounter may provide the only opportunity to stop the violence before more serious injuries can occur.

Contact someone from the resources listed inside.



SUPPORT SERVICES FOR WOMEN

African Community Services	905-460-9514
Barbra Schlifer Clinic	416-323-9149
Cabbagetown Women's Clinic	416-323-0642
Catholic Family Services	
Toronto	416-921-1163
Brampton	905-450-1608
Peel-Dufferin	1-888-940-0584
Family Services	
Toronto	416-595-9230
Peel	905-453-5775
India Rainbow	
Community Services of Peel	905-275-2369
Jewish Family & Child Services	416-638-7800
METRAC	416-392-3135
Muslim Community Services	
Brampton	905-790-1910
Mississauga	905-828-1328
Native Child & Family Services	
Main	416-969-8510
Parkdale Community Health Centre	416-537-2455
Punjabi Community Health Services	905-677-0889
Rexdale Women's Centre	416-745-0062
Riverdale Immigrant Women's Centre	416-465-6021
Sherbourne Health Centre	416-324-4180

Sistering	416-926-9762
South Asian Family Support Services	416-431-4847
South Asian Women's Centre	416-537-2276
South Riverdale Community Health Centre	416-461-1925
Springtide Resources	416-968-3422
Woman Abuse Council	416-944-9242
Women's Health in Women's Hands Community Health Centre	416-593-7655

LGBT COMMUNITY SUPPORT SERVICES

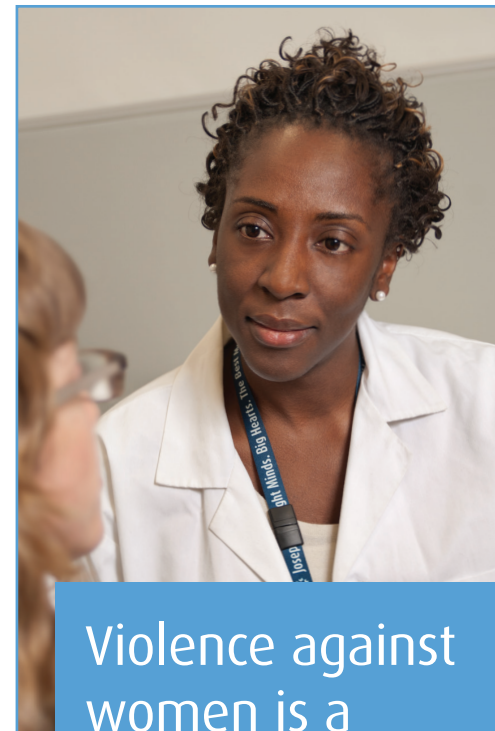
The 519 Community Centre	416-392-6874
Sherbourne Health Centre	416-324-4103

SUPPORT SERVICES FOR OLDER WOMEN

Advocacy Centre for the Elderly	416-596-2656
Carefirst (Chinese)	416-502-2323

SUPPORT SERVICES FOR WOMEN WITH DISABILITIES

Centre for Independent Living in Toronto (CILT)	
Toronto	416-599-2458
TTY	416-599-5077
Canadian Hearing Society Connect Counselling Services	
Toronto	416-928-2512
TTY	1-877-215-9530



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