

Breastfeeding Lunch 'n Learn

12:00 - 1:30 p.m.



Practical information on breastfeeding, pumping and milk supply, strategies to optimize breastfeeding success along with information on nutrition and medications while breastfeeding.

Location: Ontario Power Generation (OPG) Bldg. 700 University Ave., 3rd Floor, Classroom B

2010 Sessions

July	August	September	October	November	December
* July 6	Aug. 10	Sept. 7	Oct. 12	Nov. 9	Dec. 7
July 20	Aug. 24	* Sept. 21	Oct. 26	* Nov. 23	Dec. 21

*** Special sessions for Parents of Multiples held in meeting room 3122**

All sessions are free of charge - please call 416-586-4800 ext. 6779 to register