



Mount Sinai Psychotherapy Institute

Psychodynamic Theories: Themes, People and Applications

Educational Objectives

At the conclusion of this course, participants will be able to:

- Understand important psychoanalytic concepts and central ideas of key psychoanalytic theorists
- Apply psychoanalytic theories to clinical work, especially with challenging patients
- Appreciate and work with complex themes and emotions in psychotherapy
- Enhance listening at multiple levels to make therapeutic clinical practice more intellectually and emotionally meaningful and transformative for both therapist and patient

Description

Psychoanalysis is often described as the ‘science of subjectivity.’ In a century-long history psychodynamic theorists have produced one of the most creative and nuanced models of the human mind, and of what happens when two minds interact in psychotherapy. In this workshop we will review essential psychodynamic concepts including the dynamic unconscious, transference, and countertransference; and central theorists including Freud (Sigmund and Anna), Klein, Winnicott, and Kohut. We will use film clips and abundant clinical material to bring ideas and controversies to life and make them relevant to the daily practice of all psychotherapists, especially when working with difficult patients. No prior acquaintance with psychoanalytic theory is required. As an added bonus registrants will receive a complimentary copy of ‘One Hundred Years of Psychoanalysis, A Timeline: 1900-2000’ by Elisabeth Young-Bruehl and Christine Dunbar.

About the Mount Sinai Psychotherapy Institute (MSPI)

The Mount Sinai Psychotherapy Institute is a psychotherapy training program accredited by the University of Toronto’s Faculty of Medicine. The Institute offers workshops and longitudinal supervision. Interactive, didactic workshops combine intensive in-vivo experiential training using standardized patients with electronic web-based clinical discussion. Workshops are combined with longitudinal, one-on-one supervision for a comprehensive and individually tailored program of advanced training in psychotherapy. The MSPI Certificate Program and Workshops aim to facilitate improved therapeutic outcomes through application of both specific models and common therapeutic factors.

About the Workshop

Dates

Friday, October 22

8:30 a.m. to 5 p.m.

Saturday, October 23

8:30 a.m. to 12 noon

and

Friday, December 11

8:30 a.m. to 5 p.m.

Saturday, December 12

8:30 a.m. to 12 noon

Cost

\$760

Registration fee includes a copy of *One Hundred Years of Psychoanalysis, A Timeline: 1900-2000* by Elisabeth Young-Bruehl and Christine Dunbar



Workshop Faculty



Christine Dunbar is a psychiatrist and psychoanalyst and is on staff at several hospitals doing psychotherapy teaching and supervision. She recently co-authored "100 Years of Psychoanalysis- A Timeline" She is a member of the Toronto Psychoanalytic Society and on faculty at the Toronto Institute of Psychoanalysis. Twenty years ago she co-founded Caversham Booksellers.



Dr. Rex Kay, MD, Psychiatrist, Mount Sinai Hospital, is an Assistant Professor of Psychiatry and Head of the Psychodynamic Psychotherapy Program at the University of Toronto. He is a Psychoanalyst with the Toronto Institute for Contemporary Psychoanalysis and the Institute for the Advancement of Self Psychology and the recipient of several awards for teaching psychodynamic psychotherapy.

Psychodynamic Theories: Themes, People and Applications

Please return registration with payment to:

Connie Kim

Administrative Co-ordinator, MSPI

Department of Psychiatry

Mount Sinai Hospital

Joseph and Wolf Lebovic Health Complex

925-600 University Avenue

Toronto, Ontario M5G 1X5

t 416-586-4800 ext. 2473

f 416-586-8654

ckim@mtsinai.on.ca

Name: _____

Address: _____

City: _____

Province/state: _____

Postal/zip code: _____

Telephone: _____

Fax: _____

E-mail: _____

Profession: _____

Place of employment: _____

Lunch is included on both Fridays of the workshop.

To register online, please visit: www.mountsinai.on.ca/mspi

Fee

\$760

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Please make your cheque payable to: **Mount Sinai Psychotherapy Institute.**

Cancellation and Refund Policy

A \$50 handling fee will be deducted upon cancellation. Refund requests must be received in writing at least two weeks before the start date. No refunds will be given after this time.