

Infant and Child CPR Course 2013  
Thursday Evenings 1800-2100hr  
OPG Building

## **COURSE AGENDA**

- 1800hr      **Welcome and Introductions**
- 1815hr      **Didactic Course Information including:**
- The ABCs and How the Body Works
  - Cardiovascular Disease and Lifestyle Choices
  - Risks When CPR May Be Needed In Infants and Children
    - SIDS and Safe Sleep Environments
    - Respiratory Infections
    - Choking
    - Car Seats
    - Accident Prevention
- 1920hr      **Break**
- 1945hr      **Learning The Steps Of CPR:**
- Accessing EMS And The Chain Of Survival
  - Automated External Defibrillation
  - Learning The Steps Of CPR
  - Putting CPR To Use
- 2045hr      **Wrap up and Final Questions**