



Back to Basics: Treatment of Psychological Trauma May 29, 30 & July 10, 11, 2015

Mount Sinai Hospital Psychological Trauma Program Faculty:

Lisa Andermann MD, Edred Flak MD, Athena McClelland RN, Clare Pain MD, Alex Tarnopolsky MD

Guest Faculty: Janina Fisher, PhD

Course Description

This interactive workshop brings together a team of experienced clinicians to explore and discuss the foundations of trauma and resilience. Although unresolved traumatic experience can have many expressions, understanding components of attachment, mentalizing, dissociation, affect regulation, addictions and refugee trauma enables therapists of any discipline feel more effective. This is especially so when working with individuals who have suffered chronic trauma and also relevant for acutely traumatized patients. Didactic and experiential learning, live demonstration interviews with simulated patients, attendee examples and vignettes will bring the clinical material to life and illustrating the applied principles in practice.



Janina Fisher, Ph.D. clinical psychologist, is the Assistant Director of the Sensorimotor Psychotherapy Institute, a research and trauma treatment center founded by Bessel van der Kolk, former president of the New England Society for the Treatment of Trauma and Dissociation, and a former instructor at Harvard Medical School. An international writer and lecturer on the treatment of trauma, she is co-author with Pat Ogden of *Sensorimotor Psychotherapy: Interventions for Attachment and Trauma* (in press) and author of the forthcoming book, *Healing the Fragmented Selves of Trauma Survivors* (in press).



Clare Pain, MD, MSc, FRCPC, Course Director, Psychiatrist at University of Toronto Department of Psychiatry, directs the Psychological Trauma Program at Mount Sinai Hospital, Toronto, and co-directs the Toronto Addis Ababa Academic Collaboration. She has taught extensively on psychological trauma, refugee and global mental health and co-authored several books: *Trauma and the Body: a Sensorimotor Approach to Psychotherapy* (Ogden, Minton & Pain); *The Impact of Early Life Trauma on Health and Disease* (Lanius, Vermetten & Pain); and *Psychotherapy Essentials to Go: Improving Psychotherapy Effectiveness* (Leszcz, Pain, Hunter, Maunder & Ravitz).

Who should attend: Supervisory faculty, Psychiatrists, Family Physicians, GP-Psychotherapists, Psychologists, Social Workers, Nurses, Psychotherapists, Occupational Therapists.

Registration

To register: www.mountsinai.on.ca/mspi . If you have any questions please contact Connie Kim ckim@mtsina.on.ca or 416-586 4800 x 2473