

### Giant Cell Arteritis (GCA) Fast Track Clinic Referral Form

60 Murray Street M5T 3L9 C 337 (Rev. 04.2024) Page 1 of 2

Date of referral:	(dd/mm/y	ууу)	
Name:			Address:
Date of birth:	Age:	Sex: M F	-
Health card number:			
Telephone:			Email:
Referring MD:			Family MD:
Billing #			

The goal of this clinic is to provide rapid clinical assessment and investigations including vascular ultrasound for patients with a moderate to high suspicion for GCA (new or relapsing).

# Referrals are collected Monday to Thursday, between 8:00 AM and 4:00 PM (excluding public holidays) and the patient will be contacted within 48 hours, if the referral is accepted.

#### **Referral Criteria:**

- Age greater than 45
- Signs or symptoms of GCA
- Acute/Subacute onset (less than 12 weeks) symptoms in a patient with newly suspected GCA
- Suspected GCA relapse
- Baseline bloodwork should be drawn prior to starting steroid and sending referrals: CBC, LFTs, Creatinine, ESR AND CRP (if both ESR and CRP cannot be obtained, a CRP at minimum is mandatory)
- Completion of the attached referral form (page #2) and fax to 647-427-2120



## **Referral guidance:**

• GCA is a medical emergency. All suspected cases should receive treatment without delay. If you strongly suspect GCA, obtain baseline blood work (CBC, LFTs, Creatinine, ESR and CRP) and then start Prednisone 1mg/kg/day (maximum 80mg/day).

If you suspect GCA with visual symptoms (e.g. transient or persistent vision loss, double vision), send the patient to the Emergency Room for an ophthalmological assessment and potentially start IV Methylprednisolone.

• Please complete the attached referral form to facilitate triaging of patients. If you have any questions, you can call our office during business hours at 416-586-4800 ext. 5506



# **GCA Fast Track Clinic Referral Form**

Symptoms	Yes	No
Headache?		
If yes, how long is headache duration? (days/weeks/months)		
Jaw claudication (jaw pain with chewing)?		
Visual changes?		
Shoulder/hip stiffness?		
Constitutional symptoms (fevers, weight loss)?		
Temporal artery abnormality (tender, thickened or pulse loss)?		
Reduced/absent radial pulse?		
Other pertinent info or medical hx:		

Investigations/Treatment	Yes	No
Abnormal ESR?		
	(value)	
Abnormal CRP?		
	(value)	
Has prednisone been started?		
	(date)	
Have you organized a temporal artery biopsy?		

Fax this completed referral to: 647-427-2120. Referrals will **NOT** be accepted if not completed.