

The Mount Sinai and the University Health Network Hospitals Geriatrics Program Proudly Presents:

2014 Geriatrics Update

Friday, October 31, and Saturday, November 1

The Michener Institute Auditorium, Ground Floor, 222 St. Patrick Street Toronto, Ontario

An Accredited Learning Activity by the College of Family Physicians and the Royal College of Physicians & Surgeons of Canada

Program Overview

With the aging of our population, there exists a growing demand for quality accessible continuing medical education in Geriatrics.

We invite you to attend our second annual Geriatrics CPD Course which has been designed to provide front-line practitioners the latest practical and evidence-based knowledge they need to better manage the care of their older patients.

This two-day CPD Course will feature 14 high quality/interactive lectures by leading faculty from the University of Toronto and beyond and will focus on the assessment and management of geriatric syndromes and common issues that arise in the care of an older patient.

This year, we have incorporated a new optional lunch-time activity called *Lunch with the Professors*. Leaders in their area will offer their expertise in small group discussions that cover a variety of topics.

Target Audience

Family Physicians, Registered Nurses, Nurse Practitioner, Therapists, Social Workers, Geriatricians, Internists and other Professionals working with older patients.

Program Objectives

After this educational conference, participants will be able to:

1. Recognize and assess common geriatric syndromes in older patients
2. Manage common single and multifactorial medical issues in older patients
3. Establish an approach to address the common and often inter-related medical and social issues that occur within older patients.

EVENT CONTACT:

Phoebe Tian, Course Administrator
Suite 475-600 University Avenue,
Toronto, Ontario M5G 1X5
Telephone: 416-586-4800 ext. 7856
Fax: 416-586-5113
Email: ptian@mountsinai.on.ca

www.mountsinai.ca/education/geriatrics

Program Agenda

Friday, October 31, 2014

- 08:00 – 08:55 **Registration/Breakfast**
- 08:55 – 09:00 **Welcome**
- 09:00 – 09:40 **The Top Articles in 2014**
Dr. Dov Gandell, MD, FRCPC
Staff Geriatrician
Sunnybrook Health Sciences Centre
Assistant Professor, Department of Medicine
University of Toronto
- 09:40 – 10:20 **Now What? How to Break the Diagnosis of Dementia and Develop a Practical Plan of Care**
Dr. Samir Sinha MD, DPhil, FRCPC
Director of Geriatrics
Mount Sinai and University Health Network Hospitals
Assistant Professor, Departments of Medicine, Family and Community Medicine, and Institute of Health Policy, Management and Evaluation, University of Toronto
- 10:20 – 10:50 **Break**
- 10:50 – 11:30 **Treatment Updates in Anxiety, Mood and Psychotic Disorders in the Elderly and Tips for Starting and Stopping Psychotropic Medications**
Dr. Lesley Wiesenfeld, MD, MHCM, FRCPC
Deputy Psychiatrist in Chief
Mount Sinai Hospital
Assistant Professor, Department of Psychiatry
University of Toronto
- 11:30 – 12:10 **An Approach to Appropriate Antibiotic Prescribing in Outpatient and LTC Settings**
Dr. Andrew Morris, MD, SM, FRCPC
Director of Antimicrobial Stewardship Program
Mount Sinai and University Health Network Hospitals
Associate Professor, Division of Infectious Diseases, Department of Medicine
University of Toronto
- 12:10 – 12:40 **Lunch is Served**
- 12:40 - 13:40 **Lunch with the Professors** (optional; see “Lunch with the Professors” section for more details)
L1 Complex Case Conference with a Geriatrician
L2 Understanding Home and Community Care Options
L3 Common Foot Care Issues in Elderly Patients
L4 Common Dental Care Issues in Elderly Patients
L5 Developing a more Elder-Friendly Emergency Department
L6 Managing Complex Pain in Your Older Patients
L7 The Latest on Gait Aids and Other Assistive Devices
L8 The Ins and Outs of Advanced Care Planning
L9 Complex Case Conference with a House Calls Physician
L10 Geriatric Mental Health Complex Case Conference
L11 Achieving Excellence in the Care of Older Persons: RNAO Resources and Solutions
- 13:40 – 14:20 **Update on Assessing and Managing the Falling Patient and the Use of Gait Aid Devices**
Dr. Arielle Berger, MD
Staff Geriatrician and Geriatrics Outpatient Medical Lead
Toronto Rehabilitation Institute
Dr. Vicky Chau, MD, FRCPC
Staff Geriatrician and Geriatrics Education Coordinator
Toronto Rehabilitation Institute
- 14:20 – 15:00 **Syncope in the Elderly: Pathophysiology, Diagnosis & Investigation**
Dr. Sunil Sinha, MD, FRCPC, FACC, FHRS, CCDS
Co-Director, Arrhythmia Device Clinic
Johns Hopkins Hospital
Assistant Professor, Department of Medicine
Johns Hopkins University School of Medicine
- 15:00 – 15:20 **Snack Break**
- 15:20 – 16:00 **Hypertension in the Elderly: A Balanced Approach**
Dr. Barry Goldlist, MD, FRCPC
Staff Geriatrician
Mount Sinai and University Health Network Hospitals
Professor, Department of Medicine
University of Toronto
- 16:00 – 16:15 **Evaluation/Concluding Remarks**

Saturday, November 1, 2014

08:00 – 08:55	Registration/Breakfast	12:40 - 13:40	Lunch with the Professors (optional; see “Lunch with the Professors” section for more details) P1 Complex Case Conference with a Geriatrician P2 Understanding Home and Community Care Options P3 Common Foot Care Issues in Elderly Patients P4 Common Dental Care Issues in Elderly Patients P5 Developing a more Elder-Friendly Emergency Department P6 Managing Complex Pain in Your Older Patients P7 The Latest on Gait Aids and Other Assistive Devices P8 The Ins and Outs of Advanced Care Planning P9 Complex Case Conference with a House Calls Physician P10 Geriatric Mental Health Complex Case Conference] P11 Achieving Excellence in the Care of Older Persons: RNAO Resources and Solutions
08:55 – 09:00	Welcome		
09:00 – 09:40	How to Do A House Call - Tips and Tricks Dr. Mark Nowaczynski, PhD, MD, CCFP, FCFP Clinical Director, House Calls SPRINT Senior Care Assistant Professor, Department of Family and Community Medicine University of Toronto		
09:40 – 10:20	To Air is Human, To Not Wheeze Divine; Obstructive Lung Diseases in the Elderly Dr. Meyer Balter, MD, FRCPC Director, Asthma and COPD Education Clinic Mount Sinai Hospital Professor, Department of Medicine University of Toronto	13:40 – 14:20	Navigating Elder Abuse Issues in Your Practice Dr. Mark Yaffe, MDCM, MCISc, CCFP, FCFP Professor, Department of Family Medicine McGill University and St. Mary’s Hospital Centre
10:20 – 10:50	Break	14:20 – 15:00	An Approach to the Eye in the Elderly Dr. Catherine Birt, MD, MA, FRCSC Staff Ophthalmologist Sunnybrook Health Sciences Centre Associate Professor, Department of Ophthalmology and Vision Sciences University of Toronto
10:50 – 11:30	Management of Difficult to Heal Wounds in the Elderly Dr. Kevin Woo, PhD, RN, FAPWCA Assistant Professor, School of Nursing, Faculty of Health Sciences Queen’s University	15:00 – 15:20	Snack Break
11:30 – 12:10	Advanced Care Planning: De-Medicalizing the Conversation to Help Patients and Families Make Decisions and Plans Dr. Leah Steinberg, MD, MA, CCFP Clinical Lead, Palliative Care Consult Team Mount Sinai Hospital Assistant Professor, Department of Family and Community Medicine University of Toronto	15:20 – 16:00	Common Foot Care Issues in the Elderly Ms. Jean Beeho D.Ch. Staff Chiropodist The Michener Chiropody Clinic Professor, Department of Chiropody The Michener Institute for Applied Health Sciences
12:10 – 12:40	Lunch is Served	16:00 – 16:15	Evaluation/Concluding Remarks

Lunch With The Professors (LWP)

These highly interactive sessions will allow you and others to converse directly with subject matter experts in their given fields. You are encouraged to bring questions and your patient cases to enhance the group discussion.

We anticipate that demand will outstrip overall available spaces for these sessions, therefore, spaces will be assigned on a first-come-first-served basis. There is no extra fee for attending LWP sessions. Space is limited to 12 individuals per session. If your session has been booked up you will be contacted to make an alternative selection.

- L1/P1 Complex Case Conference with a Geriatrician**
Bring your questions and patient cases to discuss with experts in Geriatric Medicine as we try and help problem solve issues that you may be struggling with
- L2/P2 Understanding Home and Community Care Options for Your Patients**
This session helps to understand the wide variety of community support services that exist – like transportation, meals on wheels services or day programs and home care services like those through the CCAC. Learn how to effectively access these for your patients.
- L3/P3 Common Foot Care Issues in Elderly Patient**
Older adults are prone to a number of common foot issues as they age. Our chiropody experts will guide you through common foot issues in older patients and their management.
- L4/P4 Common Dental Issues in Elderly Patient**
Older adults are prone to a number of common dental issues as they age. Our dental experts will guide you through common dental issues in older patients and their management.
- L5/P5 Developing a more Elder-Friendly Emergency Department**
This session will help review the new American College of Emergency Physicians Geriatric ED Guidelines that can help you develop a more elder-friendly ED. Speak with physician and nursing experts to gain insight on tools and processes that can easily transform care and advice on how to build effective geriatric care teams in the ED.
- L6/P6 Managing Complex Pain in Your Older Patients**
Bring your questions and patient cases to discuss with Pain Management experts as we try and help problem solve issues that you may be struggling with.
- L7/P7 The Latest on Gait Aids and Other Assistive Devices**
If you want to beef up your knowledge on gait aids and other assistive devices – this would be a great opportunity to learn what is available, where to find it and how to get it covered by the government whenever possible.
- L8/P8 The Ins and Outs of Advanced Care Planning**
This session focuses on how to engage and guide patients through the process of discussing advanced care issues.
- L9/P9 Complex Case Conference with a House Calls Physician**
Bring your questions and patient cases to discuss with experts in House Call Medicine as we try and help problem solve issues that you may be struggling with. This is also a great session for people interested in getting into or expanding their house calls duties in the ins and outs of House Call Medicine.
- L10/P10 Geriatric Mental Health Complex Case Conference**
Bring your questions and patient cases to discuss with experts in Geriatric Psychiatry as we try and help problem solve issues that you may be struggling with when working with patients in the hospital or the community.
- L11/P11 Achieving Excellence in the Care of Older Persons: RAO Resources and Solutions**
RAO leaders will share the myriad of resources and solutions to enrich the health and care of older persons. This includes best practice guidelines, resources, tools, and comprehensive strategies for implementation and evaluation of best practices, such as the Best Practice Spotlight Organization Designation and the Long-Term Care Best Practices program.

Planning Committee Members

Dr. Samir Sinha, MD, DPhil, FRCPC
(Course Director)

Director of Geriatrics, Mount Sinai and the University Health Network Hospitals,

Assistant Professor, Departments of Medicine, Family and Community Medicine, and Institute of Health Policy, Management and Evaluation, University of Toronto

Dr. Shabbir Alibhai, MD, MSc, FRCPC

Staff Geriatrician, Mount Sinai and the University Health Network Hospitals

Associate Professor, Departments of Medicine, and Institute of Health Policy, Management and Evaluation, and Institute of Medical Sciences, University of Toronto

Dr. Vicky Chau, MD, FRCPC

Staff Geriatrician, Mount Sinai and the University Health Network Hospitals

Clinical Fellow, Department of Medicine

Ms. Selma Chaudhry, BSc

Geriatrics Program Project Manager, Mount Sinai Hospital

Dr. Barry Goldlist, MD, FRCPC, FACP, AGSF

Staff Geriatrician, Mount Sinai and the University Health Network Hospitals

Professor, Department of Medicine, University of Toronto

Dr. Dan Liberman, MD, FRCPC

Staff Geriatrician, Mount Sinai and the University Health Network Hospitals

Lecturer, Department of Medicine

Dr. Don Melady, BA, MD, CCFP(EM), FCFP

Emergency Medicine Physician, Schwartz-Reisman Emergency Centre, Mount Sinai Hospital

Assistant Professor, Department of Family and Community Medicine, University of Toronto

Dr. Karen Ng, MD, FRCPC

Staff Geriatrician, Mount Sinai and the University Health Network Hospitals

Lecturer, Department of Medicine

Dr. Mark Nowaczynski, PhD, MD, CCFP, FCFP

Clinical Director, SPRINT Senior Care House Calls Program

Assistant Professor, Department of Family and Community Medicine, University of Toronto

Ms. Phoebe Tian, BSc

Geriatrics Program Course Administrator, Mount Sinai Hospital

Ms Leanne Verscheure, RN, BScN, MEd, GNCC

Clinical Nurse Specialist, Ambulatory Medicine and Geriatrics, Mount Sinai Hospital

Adjunct Lecturer, Lawrence S. Bloomberg Faculty of Nursing, University of Toronto

Study Credits

THIS EDUCATIONAL EVENT HAS BEEN APPROVED FOR THE FOLLOWING CME CREDITS:

- **Royal College of Physicians and Surgeons of Canada – Section 1:** *This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada, approved by Continuing Professional Development, Faculty of Medicine, University of Toronto up to a maximum of 11 hours.*
- **College of Family Physicians of Canada – Mainpro M1:** *This program meets the accreditation criteria of The College of Family Physicians of Canada and has been accredited by Continuing Professional Development, Faculty of Medicine, University of Toronto, for up to 11 Mainpro-M1 credits.*

Sponsors



DISCLOSURE OF POTENTIAL CONFLICT OF INTEREST:

In keeping with Accreditation Guidelines, speakers and planning committee members participating in this event have been asked to disclose to the audience any involvement with industry or other organizations that may potentially influence the presentation of the educational material. Disclosure will be displayed at the beginning of the event and using a slide prior the speakers' presentation.



Scan the code for instant access to our website!

Registration Information

COURSE FEE

Physicians

\$200 per day; or \$350 for both days

Nurses, Allied Health Professionals and Trainees

\$150 per day; or \$250 for both days

* We have doubled our venue capacity this year to 300 after selling out last year. We will again be allocating seats on a first-come, first-served basis.

REGISTRATION DEADLINE

Friday, October 24, 2014

CONFIRMATION OF REGISTRATION

A written acknowledgement of your registration will be sent via email to registrants prior to the event. You are not considered registered unless you have received such confirmation.

CANCELLATION/REFUND POLICY

Cancellations received before October 10, 2014 will be refunded less a 25% administrative fee. No refunds will be issued for cancellations received after this date.

Location & Accommodation

The Michener Institute is located at 222 St. Patrick Street, one block north of Dundas Street on the West side of University Avenue. The Auditorium is located on the ground floor.

PUBLIC TRANSIT

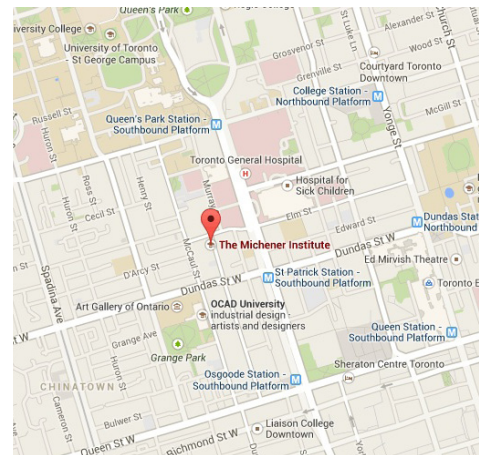
The Michener Institute is a short walk north-west of St. Patrick station on the University-Spadian subway line, or take the College or Dundas streetcar and exit at McCaul Street or University Avenue.

PARKING

There are several public parking garages close to the Michener Institute, including on Murray Street (behind Mount Sinai Hospital). There are also a limited number of parking meters on nearby side streets.

ACCOMMODATION

The closest hotel to the event venue is Delta Chelsea Hotel on 33 Gerrard Street West. Reservations can be made on their website: www.deltachelsea.com or by calling 1-800-243-5732.



Ways to Register

- **Phone:** Call 416-586-4800 ext. 7856 with your credit card information
- **Fax:** Fax the completed registration (below) to 416-586-5113
- **In Person/Mail:** Bring/Mail your completed registration form (below) with payment to Phoebe Tian at the Geriatrics Office, Suite 475-600 University Avenue, Toronto, M5G 1X5.
Hours of Operation: Monday to Friday, 8:30 a.m. to 4:30 p.m.
- **Online:** Pay via PayPal on our website: www.mountsinai.ca/education/geriatrics
- **Electronic Submission:** Complete the form below electronically and submit using the submit button.

* Registration will be processed on a first-come, first-served basis.

Registration Form

CONFERENCE REGISTRATION

- I am attending both days
- I am only attending the sessions on Friday, October 31
- I am only attending the sessions on Saturday, November 1

LUNCH WITH THE PROFESSORS (no extra fee, pre-registration is required as space is limited(12). Please refer to conference program for session codes)

- I will **NOT** be registering for the Lunch with the Professors session
- I would like to attend LWP session _____ on Friday October 31 (please fill in the session code)
- I would like to attend LWP session _____ on Saturday November 1 (please fill in the session code)

TITLE

- Dr. Mr. Mrs. Ms. Miss

Last Name: _____ First Name: _____

PROFESSION

- Family Physician Geriatrician Internist RN/RPN NP OT PT SW Pharm. Resident Student
- Other (Please specify): _____

BILLING INFORMATION

Address: _____

City: _____ Province: _____

Country: _____ Postal Code: _____

Telephone: _____ Email: _____

PAYMENT INFORMATION

 (please refer to "Registration Information" on the previous page)

- \$350 \$250 \$200 \$150

- Cash Cheque (please make cheque payable to "MSH Geriatrics")
- AMEX Visa Mastercard:

Name on Card: _____ Card Number: _____

CVD (3 digit number on back): _____ Expiry Date (MM/YY): _____ / _____