

2015 Geriatrics Institute Planning Committee:

Leanne Verscheure - Clinical Nurse Specialist, Mount Sinai Hospital
Phoebe Tian - Administrative Assistant, Mount Sinai Hospital
Dr. Samir Sinha - Director of Geriatrics, Mount Sinai & UHN Hospitals
Dr. Barry Goldlist - Geriatrician, Mount Sinai Hospital
Chris Fan-Lun - Geriatrics Pharmacist, Mount Sinai Hospital
Selma Chaudhry - Project Manager, Mount Sinai Hospital
Stephanie Callan - Program Assistant, Mount Sinai Hospital
Natasha Bhesania - Geriatrics Physiotherapist, Mount Sinai Hospital

The 2015 Geriatrics Institute has been able to continue its tradition of keeping the event as accessible as possible thanks to the generous support of Mount Sinai and University Health Network's Geriatrics Program and its donors including:



PHILIPS
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Other partners involved in this year's Geriatrics Institute so far include:



2015 MSH/UHN Geriatrics Institute

UNFROZEN

*Unlocking the Journey for Older Patients
Across the Continuum of Care*

Auditorium, Michener Institute
Thursday, June 25th, 2015
8:00 a.m. to 5:00 p.m.

Event Program



UNFROZEN:

Unlocking the Journey for Older Patients Across the Continuum of Care

8:00-8:45 **Registration and Community Booths Display**
Light Breakfast will be served.

8:45-9:00 **Opening Remarks** - Dr. Samir Sinha, Director of Geriatrics,
Mount Sinai and University Health Network Hospitals

9:00-9:45 **For the First Time in Forever – I Can Manage My Pain**
Dr. Allan Gordon - Director, Wasser Pain Management Centre,
Mount Sinai Hospital

9:45-10:30 **Don't Let the Storm Rage On – Recognizing and Managing
Delirium in the Community**
Dr. Mark Lachmann - Geriatric Psychiatrist and Physician Lead,
Bridgepoint Site, Sinai Health System

10:30-11:00 **Refreshment Break**

11:00-11:45 **"Let it Go" – When Living at Home May No Longer
Be an Option...**
Stacey Pustowka - House Calls Program Social Worker,
SPRINT Senior Care

11:45-12:45 **Lunch**



12:45 - 13:45 **Panel Discussion - Do You Want to Build a Snowman?
The Importance of Social Networks in Supporting
Healthy Ageing**

Ashnoor Rahim - VP, Community Care and Wellness for Seniors,
WoodGreen Community Services

Dr. Lynn McDonald - Director, Institute for Life Course and Aging,
University of Toronto

Madeline D'Arpino - RN, Day Centre, Circle of Care

Einat Danieli - OT/Psychogeriatric Resource Consultant, Reitman Centre
for Alzheimer's Support and Training, Mount Sinai Hospital

Debbie Taylor (Moderator) - VP, Client Services, Circle of Care

13:45 - 14:30 **Conceal, Don't Feel, Don't Let them Know –
Strategies for having Conversations around
Sexual Health & Intimacy Needs in Older Adults**

Lori Schindel Martin - Associate Director, Scholarly, Research and
Creative Activities, Daphne Cockwell School of Nursing, Ryerson
University

14:30 -15:00 **Refreshment Break**

15:00-15:45 **Having the Hard Conversation...**

Dr. Leah Steinberg - Clinical Lead, Palliative Care Consult Team,
Mount Sinai Hospital

15:45 - 16:30 **Preventative Measures to Support Healthy Ageing**
Dr. Barry Goldlist - Geriatrician, Mount Sinai Hospital

16:30 - 16:45 **Closing Remarks and Wrap Up** - Jocelyn Bennett, Senior
Director, Urgent and Critical Care, Mount Sinai Hospital

2015 MSH/UHN Geriatrics Institute Registration Form:

First Name: _____

Last Name: _____

Organization: _____

Profession: _____

Phone #: _____

Email: _____

Dietary Restrictions (if any): _____

Registration fee: \$25. A confirmation of registration will be sent to you.

If registering online, please visit:

<http://www.mountsinai.on.ca/education/geriatrics/2015-geriatrics-institute>

If paying by Cheque, please complete this form and make the cheque payable to Mount Sinai Geriatrics and mail to:

Geriatrics Program (Attn: Phoebe Tian)
Mount Sinai Hospital
Suite 475, 600 University Avenue
Toronto, ON M5G 1X5

If paying by Credit Card, please complete the credit card information and mail to the above listed address or fax to 416-586-5113; or call Stephanie Callan at 416-586-4800 ext. 7674 to pay by phone.

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