

Pregnancy

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Friday, May 31st



Collaborative Care for the Best Care

- 8:30 Welcome & Introduction
- 8:35 **Gestational Diabetes: Diagnosis, Screening and Management**
Howard Berger, Professor, Department of Obstetrics & Gynaecology, University of Toronto. Division Head, MFM, St. Michael's Hospital
- 9:35 **IV Iron in Pregnancy**
Nadine Shehata, Professor, Dept of Medicine, University of Toronto
- 9:50 Break (10 min)
- 10:00 **Movement is Medicine: Prescribing Exercise for MSK Pain in Pregnancy**
Rebecca Titman, Assistant Professor, Physical Medicine & Rehabilitation, Department of Medicine, University of Toronto
- 10:40 **Decreased Fetal Movement: How to Assess, When to Induce**
Kristin Harris, Assistant Professor, Dept. of Obstetrics & Gynaecology, University of Toronto
- 11:10 **RSV Vaccine in Pregnancy**
Allison McGeer, Professor, Dept. of Laboratory Medicine & Pathobiology, University of Toronto
- 11:25 **Perineal Tears: Avoiding, Recognizing and Managing Complications**
Melissa Walker, Assistant Professor, Dept. of Obstetrics & Gynaecology, University of Toronto
- 12:05 Break
- 12:20 **Breastfeeding: Common Concerns in the First Week**
Natalie Tregaskiss, RN, RM, Lactation Consultant, Mount Sinai Hospital
- 12:50 **Tools and Strategies to Identify Mental Health Concerns in Pregnancy and Postpartum: 2024 Update**
Simone Vigod, Professor & Vice Chair Clinical Innovation, Dept. of Psychiatry, University of Toronto
Milena Forte, Associate Professor, Dept. of Family & Community Medicine, University of Toronto
- 1:20 Closing Remarks

The 21st Annual Pregnancy & Birth Conference offers informed, relevant, and engaging topics to help clinicians provide quality healthcare to patients during pregnancy and postpartum.

Presented over live Zoom Webcast, speakers will:

- Provide an evidence-based update on common issues and concerns seen in pregnancy and postpartum.
- Provide a forum for interactive dialogue pertaining to managing health care issues during pregnancy and birth.

[Click Here to Register Today](#)

Registration Fees:

Early Bird Deadline: Fri. Apr. 12th

Physicians: \$125*

Nurses/NP/Midwives/Other

Healthcare Pros: \$95*

Fellows/Residents: \$50*

After April 12th

Physicians: \$150*

Nurses/NP/Midwives/Other

Healthcare Pros: \$125*

Fellows/Residents: \$75*

*(plus applicable fees & taxes)

Registration deadline:

Fri., May 24th

For questions or enquiries, contact our conference coordinator, Agnes Bellegris via email. Agnes.Bellegris@sinaihealth.ca



Obstetrics & Gynaecology
UNIVERSITY OF TORONTO