

## Here is how MyChart can help you:

- When you can access your medical and personal health information in one record, it helps you monitor your health status.
- Information that is critical in an emergency is quickly accessible, no matter where you are.
- You can better manage your own and family's health information in one record.
- You can share your medical and personal health information with others.
- Helps you take control of your health management at home with tools to track health status, vaccinations and screening such as mammograms and physicals.

## Questions?

For questions about sign in, PIN codes or the MyChart software please contact:

Phone: 1-833-221-2202

Email: [mtsinai@mychart.ca](mailto:mtsinai@mychart.ca)

For questions about appointment scheduling, test results, reports, and discharge summaries, please contact your health care provider.

# MyChart™

Stay connected to your health information



Mount Sinai Hospital  
Joseph & Wolf Lebovic Health Complex  
600 University Avenue  
Toronto, Ontario, Canada M5G 1X5  
T 416-586-4800  
[mountsinai.ca](http://mountsinai.ca)

201709090



**Mount Sinai  
Hospital**

Sinai Health System  
Joseph & Wolf Lebovic  
Health Complex

# MyChart

## Mount Sinai Hospital's Secure Online Personal Health Record Service

### MyChart provides:

- Secure access to clinical information directly from Mount Sinai Hospital's electronic patient record system (timing varies) such as:
  - lab results
  - medical imaging reports (e.g. Breast Imaging, CT, MRI, Ultrasound, X-ray)
  - results/reports
- A personal diary that allows patients to document symptoms, medications and record daily health monitoring such as:
  - daily blood pressure levels
  - diet
  - weight
  - heart rate
- An address book to capture emergency contacts.
- Ability to print (downloading is unavailable).

## Key Features



### Clinical Information

Look up clinical information such as lab results and discharge summaries, etc.



### Personal Health Diary

Track your symptoms, medications, immunizations, and upload test results from other facilities to organize your health information at home.



### Account Security

MyChart uses the same encryption as banks do for online banking.



### Record Sharing

Print test results, add family members or your family doctor to your account for quick transmission of key information about your health.



### Medical Imaging Reports

Look up results for your Breast Imaging, CT, MRI, Ultrasound, X-ray.



### 24/7 Access Anywhere

Your health information is accessible to you no matter where you are.